## Positions through Essaying

The body is a great indicator, and it tells a story through movement. So what forms of movement are we talking about?

Firstly, we can look at functional movements. Literally, there's the rotation of the neck to turn the head, or

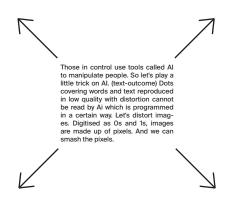
the extension of the elbow to reach out. All fundamental movements are 'rotations'. Depending on the location and number of pivots, and whether they are connected or not, the movements are varied and rich. The afterimage of rotation in its various shapes evokes the idea of 'physical' movement.

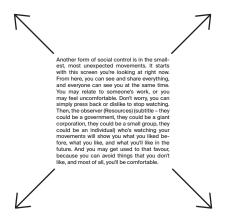
When this 'physical' movement actually happens, what does it look like, how and why? Think of 'tightrope walking'. When the clown is on the tightrope, the swing is transmitted through his feet. He bends his knees to catch the recoil, and at the same time he creates a breeze with his hands and fan to balance himself. The audience, witnessing this remarkable movement, applauds; the clown may have been moving for this applause.

Here I wonder: is 'movement' not just a mechanically causally studyable object, but also an act of will?

In March 2014, artists Amy Spiers and Catherine Ryan staged their work-in-progress Nothing to See Here (Dispersal) as part of Melbourne's Festival of Live Art. During the 45-minute performances, the audience becoming performers were directed, herded, divided, expelled or corralled and denied any possibility of free assembly or movement by the uniformed controllers. The performance was inspired by Jacque Rancière's idea that political order is maintained not just by repression but by controlling visibility and movement in public spaces.

However, I had a question about my movements: are the things I'm seeing now really what I desire? Are we moving under control? How can we move away from the mechanisms of control in public spaces by manipulating graphics?





Finally, we need movement to input all this text and images. Because with digital, we were actually communicating with movement.

Let's try to move away from their control.

This is not to say that we shouldn't use the internet to avoid being under-controlled. It's to inform you that we need to 'hack' the internet to maintain our autonomy. (Reference) This is probably quite temporary. The key is to be aware of whether the movements we make are being manifested by our own will or not.

We live in an amazing ecosystem of movement. Through our movements, we are constantly changing, changing the world, which in turn changes the beings in it. And in this moving world, I am a designer who explores how we can recognise and break free from the control that takes place within it, which is often of a 'fixed' nature.

## Are you MOVING of your OWN 701112 N